University of Connecticut, Department of Kinesiology, Program in Physical Therapy

Participants Wanted for a Research Study:

Improving Gait and Quality of Life in People with Parkinson Disease through Enhanced Gait Training















Our goal is to improve the lives of individuals living with Parkinson disease by improving their strength and movement.

We are looking for people with Parkinson disease to participate in a walking training study. Participants will be asked to participate in walking training 2x/week for 8 weeks at the University of Connecticut, Storrs campus.

Participants may benefit from this research by experiencing improvements in strength, function, walking, motivation and/or quality of life. The results from this study may help others within the Parkinson's disease community to understand more about walking training and rehabilitation. Sessions will be in the Kinesiology building, 3107 Horsebarn Hill Road, Storrs, CT.

You may be eligible for this study if:

- You have been diagnosed with Parkinson's disease
- You are able to walk without the assistance of another person
- You do not have any unstable health conditions

Fifteen dollars will be provided to each participant for each session completed (total of \$240 if all 16 sessions are completed) which will be disbursed after 4 and 8 weeks of participation.

This research is conducted under the direction of Cristina Colón-Semenza, University of Connecticut. To learn more about this research, contact her at <u>cristina.colon-semenza@uconn.edu</u> or 860-486-9555.